



Moore Options for Seniors
A Moore Center Program

Welcome Home Transitional Care Services

Welcome Home is a customized, transitional personal care service for those being discharged from a hospital or rehabilitation facility. We offer several affordable packaged options and we can also create a specific plan so you can rest assured that your return home will be as safe and smooth as possible.

It's a fixed-duration program that provides a range of pro-active, non-medical assistance, and the duration and level of care are based on your specific needs. We're also available to coordinate with your discharge planner and participate in a home safety evaluation to help determine your needs and get you settled into a safe, normal routine as quickly as possible.

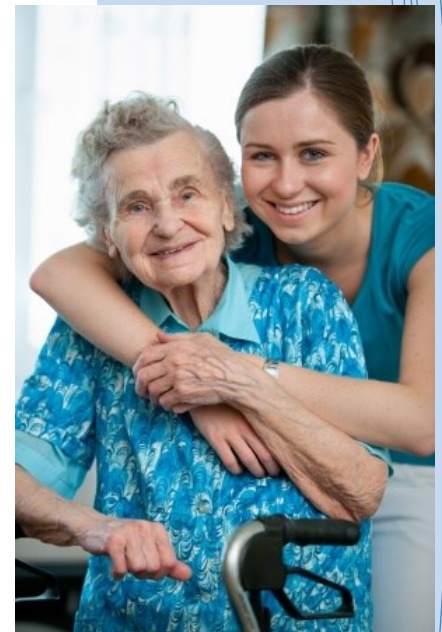
Create Your Custom Welcome Home Plan

Here are just some of the services you can choose:

- Transportation home – including wheel chair accessible vehicle if necessary
- Pick up medications at pharmacy
- Clean old food from refrigerator
- Food shopping & meal prep to ensure proper nutrition
- Laundry to ensure clean linens for bed and in bath
- Coordinating safety improvements or repairs (e.g. installing bath bar)
- Help with sorting mail & bills
- Housekeeping & cleaning
- Dressing/bathing/toileting
- Shopping/errands
- Friendly visits
- Provide an overnight caregiver
- Any other services you may need

Consider a Welcome Home Plan if:

- You struggle to meet your own daily needs of living
- Your family can't help due to time constraints, proximity, or skills
- You want to pre-plan for elective surgery situations such as a hip replacement
- You just want a little help and companionship for the transition home



Personal & Professional Approach

We're experts in providing non-medical services and we listen to you. We offer affordable private pay rates and we're focused on coordinating care to prevent re-admission due to a re-occurrence of your illness or injury.

We also understand the network of services available to seniors and can advise and consult with you to make your return home as easy as possible. For instance, we'll coordinate on-going services (as-needed) through Moore Options for Seniors or providers such as Meals On Wheels, Senior Companions, transportation providers, Emergency Response services, or skilled home care providers.

Secure

Moore Options for Seniors is completely insured and employs carefully screened, highly trained professionals. All employees have a criminal, motor vehicle and Bureau of Elderly and Adult Services background check.

* SEE REVERSE SIDE FOR AVAILABLE SERVICE PACKAGES

For more information please call **603-206-2725**, or visit us at www.MooreOptionsForSeniors.org.

The Moore Center 195 McGregor Street, Unit 400 Manchester, NH 03102

Welcome Home Packages

Level 1 - \$125

- Transportation home (wheel chair accessible vehicle also available ¹)
- Pick up medications at pharmacy
- Prepare your home for your return – including but not limited to:
 - Grocery shopping
 - Clean out and re-stock refrigerator
 - Wash, dry and fold laundry
 - Change bed & bath linens
 - Meal prep to ensure proper nutrition
 - Also available to coordinate equipment and safety installations

Level 2 - \$225

- **All Level 1 Services plus:**
- **4 hours** of additional customized, non-medical support and supervision – to be used within first week in minimum 2 hour increments.
 - Care options include: Assistance with bathing, dressing, toileting, medication reminders, errands, sorting mail, cleaning, laundry and more.
- Professional oversight by Moore Options for Seniors Management
 - Includes coordination with other services and community organizations to arranging additional support, coordinating home maintenance, problem solving issues as they arise, coordination with family etc.

Level 3 - \$375

- **All Level 1 Services Plus:**
- **10 hours** of additional customized, non-medical support and supervision – to be used within first 2 weeks in minimum 2 hour increments.
 - Care options include: Assistance with bathing, dressing, toileting, medication reminders, errands, sorting mail, cleaning, laundry and more.
- Professional oversight by Moore Options for Seniors Management
 - Includes coordination with other services and community organizations to arranging additional support, coordinating home maintenance, problem solving issues as they arise, coordination with family etc.

NOTE: Rates may vary based on geographic location

Additional Options:

- Overnight Care/Companionship
- Additional Hours of customized non-medical support
- Transportation to/from follow up appointments
- Ongoing care and support as needed

1. Wheel chair accessible vehicles are at an additional cost.